

# Recovery Support Series

Gift of Voice is pleased to present our Recovery Support Series.  
Advocacy ♦ Health & Wellness ♦ Mentoring ♦ Professional Responsibility  
Recovery Support ♦ Reintegration ♦ Systems Navigation

Each session will be held at Gift of Voice on Mondays from 3:00-4:30pm.  
Gift of Voice ♦ 903 North Second Street ♦ Edwardsville, Illinois 62025



Contact [office@giftofvoice.com](mailto:office@giftofvoice.com) to register.  
*Donations are appreciated to help support operations.*

[www.giftofvoice.com](http://www.giftofvoice.com)

# Recovery Support Series

## Advocacy

October 9, 2017.....Supporting Self Determination  
*Trenda Hedges, Illinois Mental Health Collaborative*

October 30, 2017.....Developing Public Policy  
*Fred Friedman & Matt Perry, Next Steps*

## Health & Wellness

November 13, 2017.....Integrating Healthcare  
*Toni Corona & Jennifer Roth, Madison County*

November 27, 2017.....Modeling Healthy Living Habits  
*Nanette Larson, Illinois Division of Mental Health* \*Session begins at 1:00pm

## Mentoring

December 11, 2017.....Teaching Life Skills  
*Cindy Mayhew, Illinois Division of Mental Health*

## Professional Responsibility

January 8, 2018.....Assuring Cultural Diversity  
*To Be Determined (TBD)*

January 29, 2018.....Assessing & Responding to Risk Indicators  
*TBD*

## Recovery Support

February 12, 2018.....Focusing on Strengths  
*TBD*

February 26, 2018.....Accessing Services & Supports  
*TBD*

## Reintegration

March 12, 2018.....Supporting Veterans in Transition  
*TBD*

March 26, 2018.....Encouraging Healthy Responses  
*TBD*

## Systems Navigation

April 16, 2018.....Navigating Structured Systems  
*TBD*

April 30, 2018.....Understanding the Judicial System  
*TBD*