

SERVICE MEMBERS, VETERANS & THEIR FAMILIES (SMVF)

Please let us know if...

- You want to stop living with regret.
- You are searching for motivation.
- You are ready to enjoy love and life.
- You are tired of struggling with "normal" tasks.
- You are ready to feel better again.
- You are hoping to experience the reality of mental health recovery!



Contact Gift of Voice

*Ask about Wellness Recovery
Action Plan (WRAP®)*

*Special thanks to the Madison County
Mental Health Board for their generous
support of this evidence-based practice!*

Classes will soon begin on Monday afternoons in Edwardsville. There is no participant fee, but registration is required.