



# Gift of Voice With AJ French WRAP for Justice

## What is WRAP®

**Wellness Recovery Action Plan** is a self-directed plan for succeeding in your life.

## Who Needs WRAP

**You Do!!!!** This class is designed for individuals on probation, parole, who are awaiting a court date or involved with re-entry ministries, but everyone can benefit from WRAP.

*Foundational Principles of Recovery*

*Wellness Tools that are safe, simple and within your budget!*

*Action Planning for: Daily Living, Stressors, Early Warning Signs & More!*

**Next Class Begins June 25th @ 6:00pm**

**at New Hope Church in Champaign, IL**

**There is no cost for this ten week class, but advanced registration is required.**

**Contact [office@giftofvoice.com](mailto:office@giftofvoice.com) or 618-792-2049. Email preferred.**



***Unlock your future.***